

**Patterson Physical Therapy**

Medical History Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_

Weight: \_\_\_\_\_ Referring Physician: \_\_\_\_\_ Treatment Side: **Left** **Right** **N/A**

**Date of Injury/Change of Status:** \_\_\_\_\_

Surgery Performed? **Yes** **No** Date of Surgery: \_\_\_\_\_ Type of Surgery \_\_\_\_\_

History of Present Condition/ Mechanism of Injury: \_\_\_\_\_

Primary Concern/ Chief Complaint: \_\_\_\_\_

**Functional Limitations** (Circle all that apply) Sleep Self Care Reaching/Pushing/Pulling  
Lifting/Carrying Bending Sitting Standing  
Walking Squatting

Pain Location: \_\_\_\_\_

Pain at Worst 0 1 2 3 4 5 6 7 8 9 10  
Pain Right Now 0 1 2 3 4 5 6 7 8 9 10  
Pain at Best 0 1 2 3 4 5 6 7 8 9 10  
0 = No Pain  
5 = Moderate Pain  
10 = Extreme Pain

Pain Description: Burning Throbbing Dull Achy Stabbing Shooting Other: \_\_\_\_\_

**Aggravating Factors** (Circle all that apply) Sitting Standing Walking Stairs - up  
Stairs - down Sit to Stand Bending  
Laying Cough/ Sneeze

How do you manage your pain? Ice \_\_\_\_\_ Heat \_\_\_\_\_ Other \_\_\_\_\_

Occupation/Work Status: Full time \_\_\_\_\_ Part time \_\_\_\_\_ Not Employed \_\_\_\_\_ Occupation: \_\_\_\_\_

History of Falls? **Yes** **No** If Yes, explain: \_\_\_\_\_ Date of Fall: \_\_\_\_\_

**Medical History:** (Circle all that apply):

Osteoarthritis Heart Disease Diabetes Type 1 Diabetes Type 2 Allergies  
High Blood Pressure Pacemaker Cancer Mental Health Visual Impaired  
Epilepsy HIV/AIDS Arthritis Fibromyalgia Stroke  
Asthma Hearing Impaired Scoliosis Osteoporosis Hepatitis Pregnant

Other: \_\_\_\_\_

Surgical History: \_\_\_\_\_

Diagnostic Testing: \_\_\_\_\_

Are you exercising at home? **Yes** **No** If Yes, what type? \_\_\_\_\_

Do you smoke? **Yes** **No** When are you scheduled to see your doctor again? \_\_\_\_\_

Patient Goals/ What do you have to gain from PT?: \_\_\_\_\_

To the best of my knowledge and belief, the information I have given is complete and true. I hereby give my consent to receive therapy services at Patterson Physical Therapy.

Patient Signature: \_\_\_\_\_ Therapist Signature: \_\_\_\_\_